

## Low Cost Medical Services

### Bethel Health Center

1525 Echo Hollow Rd, Ste A  
(inside Cascade Middle School, enter north side of building) 541-607-1430

**Hours:** Mon-Tue-Wed-Thu 8am-4pm,

**Cost:** Private and OHP insurance, sliding scale.

Serves school age children and their younger siblings. Call for appointments.

### Community Health Centers of Lane County

Locations in Eugene and Springfield  
Call for appointment. 541-682-3550

OHP, Medicare, private insurance and uninsured patients welcome.

OHP enrollment available on site.

**Cost:** Sliding scale.

Serves adults and children

### Springfield Clinics

1050 10th Street (Springfield High School)

2073 Olympic St (Riverstone Clinic)

### Charnelton Community Clinic

151 W. 7th Ave. Suite 100, Eugene

### Whitebird

1400 Mill St. 541-484-4800

Urgent Care and Primary Care Services

**Hours:** Tue-Fri 8am-Noon

Serves adults and children

Walk in clinic, no appointments, first come,

first served arrive before 8am. \$25-\$55

Appointments: Tue-Fri 1pm-5pm.

**Cost:** Starting at \$85

Medicare, OHP accepted

### **Health Resources website including**

**Lane County:** 211info.org

## Mental Health Services

### Crisis Response Line 24/7 1-888-989-9990

Responding to Mental Health Crisis Situations of Children and Adolescents

### Whitebird Crisis Line 541-687-4000

### Womenspace (Domestic Violence)

541-485-6513 or 800-281-2800

### Looking Glass-Station 7

(Crisis, Runaway) 541-689-3111

**Bethel Health Center** On-site counseling available to those that qualify. For help with referrals to other mental health resources, contact Bethel Health Center 541-607-1430 or your school health room and counselor.

### Do you need health insurance?

**Oregon Health Plan (OHP)** information can be found at [www.OregonHealthCare.gov](http://www.OregonHealthCare.gov) or contact the Oregon Health Authority: 1-800-359-9517 or 1-800-699-9075

For application assistance contact:

**Bethel Health Center 541-607-1430 or**

**Whitebird Clinic (541) 342-4357**

To apply for Supplemental Nutrition Assistance Program (Food stamps)

[www.oregon.gov/DHS/assistance/foodstamps](http://www.oregon.gov/DHS/assistance/foodstamps)

Local DHS office:

2101 W. 11th 541-686-7722

Hours: M-F 7am-6pm



## Health Services And Community Resources

# Bethel School District Health Services

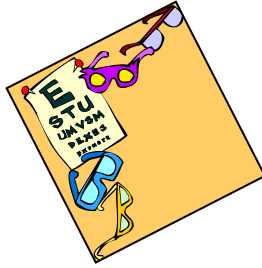
<http://www.bethel.k12.or.us>

## School Nurses

Sherine Forrest BSN, RN  
541-607-1452

Becca Wallace BSN, RN  
541-607-1471

Kelly Rickman DNP, RN  
541-607-1465



## Services Offered

- Health assessments, consultations and screenings
- Referrals for free or reduced cost medical, vision, dental, prescriptions and mental health care
- Immunizations for qualified students
- Call for information

## Bethel Family Resource Center

Services: Drop in playtimes, story-times, parenting support and links to community services.

Malabon Elementary 1380 Taney  
541-461-6421

## In temporary housing?

Your child may be eligible for additional services to maintain school stability. Call Donna Butera, Bethel Family Liaison, to learn about your options and local resources. 541-461-6424 x 2543.

## Dental Services

**Bethel Free Friday clinic at the Bethel Health Center**, get application from your school Health Room.

### Whitebird Dental Clinic

**Free Dental Fridays, call 541-607-1430**

1400 Mill Street 541-344-8302

**Hours:** Mon-Fri arrive at 7am for walk in clinic, days vary

**Eligibility:** Low income, no dental insurance, OHP with open cards.

Need photo ID

**Cost:** \$50 minimum, sliding scale  
website: [whitebirdclinic.org](http://whitebirdclinic.org)

### LCC Dental Clinic

2640 Willamette St. 541-463-5206

**Hours:** Mon-Fri 8-3

**Eligibility:** 4 years old and up

**Cost:** \$20-65

**Services:** Preventive Dental

### Fluoride Varnish Program

Free fluoride varnish available to all Bethel students grade K-2. To enroll, forms are available at your child's school

## Prescription Drug Help

### Oregon Prescription Drug Program

State sponsored prescription discount card  
[www.opdp.org](http://www.opdp.org) or call 1-800-913-4284

### Willamette High School Prescription Fund

Short term assistance for uninsured students needing help with prescriptions.  
541-607-9707

## Immunizations

### Bethel Health Center

1525 Echo Hollow Road 541-607-1430

**Hours:** Call for appointment, information and questions.

**Eligibility:** Bethel Students K-12

**Cost:** \$0-\$10 per visit, sliding scale

### Lane County Health Department

151 W. 7th Ave. 541-682-4041

**Hours:** by appointment only

**Cost:** Sliding Scale

## Family Planning Services

### Bethel Health Center

1525 Echo Hollow Road 541-607-1430

**Hours:** Call for appointment, information and questions.

**Eligibility:** Bethel Students K-12

**Cost:** \$0-\$10 per visit, sliding scale

### Dove Medical Center

Free pregnancy support and counseling

**Hours:** Mon-Thurs 10am-5pm

487 E. 11th 541-345-DOVE

Walk ins welcome, free pregnancy testing  
<http://dovemedical.org/>

### Lane County Health Department

151 W. 7th Ave. 541-682-4041

**Hours:** Mon-Fri 8am-12noon, 1pm-5pm

All services by appointment only.

**Services:** HIV and STD's, contraceptives, pregnancy testing

**Cost:** Sliding Scale

### Planned Parenthood Express

793 N. Danebo 541-463-9731

**Hours:** Mon-Fri Call for hours

**Services:** Exams, contraceptives, pregnancy tests, HIV, STD's

Appointment and walk ins

**Cost:** No cost for qualified clients OHP accepted