

Bethel School District #52
Administrative Rule

IGAI: Human Sexuality Education

The Bethel School District Policy and Oregon Law include terms that are defined by Oregon Administrative Rule and an instructional plan to be approved by the School Board biennially. The terms are defined and the instructional plan requirements are outlined below:

The following definitions apply:

- (1) “Age-appropriate” means curricula designed to teach concepts, information, and skills based on the social, cognitive, emotional, and experience level of students;
- (2) “Balanced” means instruction that provides information with the understanding of the preponderance of evidence;
- (3) “Best practice” means something has the appearance of success, but has as yet not proved its effectiveness;
- (4) “Comprehensive plan of instruction” (as defined by Oregon education statutes) means k–12 programs that emphasize abstinence, but not to the exclusion of condom and contraceptive education. The human sexuality information provided is complete, balanced, and medically accurate. Opportunities are provided for young people to develop and understand their values, attitudes, and beliefs about sexuality as a means of helping young people exercise responsibility regarding sexual relationships as further defined by (2) and (3);
- (5) “Culturally sensitive” means materials and instruction that respond to culturally diverse individuals, families, and communities in an inclusive, respectful, and effective manner;
- (6) “Gender role” means the socially determined sets of behaviors assigned to people based on their biological sex;
- (7) “Gender sensitive” means materials and instruction that are sensitive to individual’s similarities and differences regarding gender role and/or sexual orientation;
- (8) “Medically accurate” means information that is established through the use of the ‘scientific method.’ Results can be measured, quantified, and replicated to confirm accuracy, and are reported or recognized in peer-reviewed journals or other authoritative publications.
- (9) “Research-based” means intervention is based on theoretical approaches that have been shown to be effective in achieving the intended outcomes. Evaluation based on studies using scientifically based designs; results published in recognized, peer-reviewed journals;
- (10) “Sexual intercourse” means a type of sexual contact involving one of the following:
 - (a) Vaginal sexual intercourse;
 - (b) Oral sexual intercourse; or
 - (c) Anal sexual intercourse;

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(11) “Sexual orientation” means an individual’s actual or perceived heterosexuality, homosexuality, bisexuality or gender identity, regardless of whether the individual’s gender identity, appearance, expression or behavior differs from that traditionally associated with the individual’s sex at birth.

(12) “Shame or fear based” means terminology, activities, scenarios, context, language, and/or visual illustrations that are used to devalue, ignore, and/or disgrace students who have had or are having sexual relationships. Not all curricula or activities that describe risks of sexual activities can be considered “fear-based;”

The comprehensive plan of instruction shall include instruction that:

(1) Promotes abstinence for school-age youth and mutually monogamous relationships with an uninfected partner for adults as the safest and mostly responsible sexual behavior to reduce the risk of unintended pregnancy and exposure to HIV, Hepatitis B/C and other sexually transmitted infectious diseases;

(2) Allays those fears concerning HIV that are scientifically groundless;

(3) Is balanced and medically accurate;

(4) Provides balanced and accurate information on the risks and benefits of contraceptive and other disease reduction measures which reduce the risk of unintended pregnancy, exposure to HIV, hepatitis B/C and other sexually transmitted infectious diseases;

(5) Discusses responsible sexual behaviors and hygienic practices which may reduce or eliminate unintended pregnancy, exposure to HIV, hepatitis B/C and other sexually transmitted diseases;

(6) Stresses the high risks of contracting HIV, hepatitis B and C and other infectious diseases through sharing of needles or syringes for injecting drugs including steroids, for tattooing, and body-piercing;

(7) Discusses the characteristics of the emotional, physical and psychological aspects of a healthy relationship and a discussion about the benefits of delaying pregnancy beyond the adolescent years as a means to better ensure a healthy future for parents and their children. Students shall be provided with statistics based on the latest medical information regarding both the health benefits and the possible side effects of all forms of contraceptives, including the success and failure rates for prevention of pregnancy;

(8) Stresses that HIV/STDs and hepatitis B/C can be serious possible hazards of sexual contact;

(9) Provides students with information about Oregon laws that address young people’s rights and responsibilities relating to childbearing and parenting;

(10) Advises pupils of the circumstances in which it is unlawful under ORS 163.435 and 163.445 for persons 18 years of age or older to have sexual relations with persons younger than 18 years of age to whom they are not married;

(11) Encourages family communication and involvement and helps students learn to make responsible decisions;

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(12) Teaches that no form of sexual expression is acceptable when it physically or emotionally harms oneself or others and not to make unwanted physical and verbal sexual advances;

(13) Teaches that it is wrong to take advantage of or exploit another person;

(14) Validates through course material and instruction the importance of honesty with oneself and others, respect for each person's dignity and well-being, and responsibility for one's actions; and

(15) Uses culturally and gender sensitive materials, language, and strategies that recognizes different sexual orientations and gender roles.

(16) Incorporates age-appropriate education about teen dating violence for students in grades 7 through 12.

The comprehensive plan of instruction shall also include skills-based instruction that:

(1) Assists students to develop and practice effective communication skills, the development of self-esteem and the ability to resist peer pressure;

(2) Provides students with the opportunity to learn about and personalize peer, media and community influences that both positively and negatively impact their decisions to abstain from sexual intercourse;

(3) Enhances students' ability to access valid health information and resources related to their sexual health;

(4) Teaches how to decline unwanted sexual advances, or accept the refusal of unwanted sexual advances, through the use of refusal and negotiation skills.