

DEAR BETHEL PARENT/GUARDIAN: *Please do not send an ill child to school.*
 If your child is ill, we recommend you contact your health care provider or Bethel Health Center at 541-607-1430 for an appointment or advice.
 Some students have medical conditions which can become life threatening when exposed to measles, chicken pox/shingles, fifth's disease, rubella and hepatitis.
 Should your child be diagnosed during the school year with any of these diseases, please call the school office.

WHEN SHOULD I KEEP MY CHILD HOME?

STUDENTS SYMPTOMS/DIAGNOSED ILLNESS:	STUDENT MAY RETURN TO SCHOOL WHEN:
1. FEVER GREATER THAN 100°	1. Temperature below 100° (orally) for a minimum of 24 hours without use of a fever- reducing medication.
2. Rash or rash with fever-new of sudden onset.	2. Rash disappears. Written or phone consent* from M.D. to school nurse.
3. Brown, gray, tan or yellow drainage from nose, eyes, or any other part of the body.	3. Discharge must be gone or student must have been on antibiotics for 24 hours and have written or phone consent* form MD to school nurse.
4. Vomiting	4. Symptom-free for 24 hours.
5. Diarrhea	5. Symptom-free for 24 hours.
6. Cough: Deep, barking, congested, or productive of colored mucous.	6. Symptom-free of student must have been on antibiotics for 24 hours and have written or phone consent from M.D. to school nurse.*
7. White, clay colored, or bloody stool.	7. Symptom-free or written/phone consent from M.D. to school nurse*
8. Yellow color of skin and/ or eyes	8. Symptom-free or written/phone consent from M.D. to school nurse*
9. Brown or bloody urine	9. Symptom-free or written/phone consent from M.D. to school nurse*
10. Stiff neck or headache with fever.	10. Symptom-free or written/phone consent from M.D. to school nurse*
11. Unusually sleepy, lethargic or grumpy	11. Symptom-free
12. Strep throat diagnosed by M. D.	12. Must have been on antibiotics for 24 hours and have written/phone consent* from M.D. to school nurse. If no antibiotics given, call school nurse before sending child to school
13. After an illness of two or more weeks, surgery, or other change in health status.	13. Written instructions from the doctor and parent regarding medication or special health needs must be provided to the school nurse.

* The R.N. may consult with your physician about his/her recommendation to return your child to class.



The Bethel Health Center is a full service medical clinic located at 1525 Echo Hollow Rd Suite A (Cascade Middle School) Open Mon-Thurs during the school year.
 Call for appointment 541-607-1430